

BRINGING CHILDREN
INTO THE RECOVERY
JOURNEY HELPS THE
WHOLE FAMILY HEAL.

GIVING CHILDREN
THEIR OWN PROGRAM
BUILDS SKILLS THAT
LAST A LIFETIME!



Stacey Beck LAC LASAC, wife of former Major League Pitcher, Rod Beck, founded **PITCH 4 KIDZ** to help children who are affected by their parent's substance abuse. After losing Rod to addiction in 2007, Stacey saw the need to offer hope for children who, like her own, are affected by the devastating nature of the disease. Stacey and the PITCH staff are dedicated to providing care, support, education, and coping strategies to children and their families.



GIVE TODAY.
ENSURE TOMORROW.

We rely on private and corporate donations to make this innovative programming accessible to ALL children.

Your contribution helps ensure a brighter future for children and their families.

pitch4kidz.org
hopenetwork.org

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A PROGRAM FOR
CHILDREN IMPACTED
BY FAMILY ADDICTION



www.pitch4kidz.org

A GROWING PROBLEM

It is estimated that one in four children is exposed to substance abuse in their homes. A loved one's struggle with the disease of addiction often subjects the entire family to conflict, instability, and a chaotic environment. This profoundly affects children, and in response, children may experience feelings of guilt, shame, and isolation. Without intervention, children in these families are at increased risk of future substance abuse and other challenges. Early intervention can prevent a lifetime of behavioral, emotional, social, academic, and interpersonal difficulties. When children are offered support and developmentally appropriate education, they are able to cope more effectively in all aspects of their lives.

USING ART, GAMES, STORIES, MOVIES, MUSIC, AND ROLE PLAY, WE HELP KIDZ LEARN...

- About Addiction and Recovery
- Communication Skills
- How to Identify and Express Feelings
- How to Identify Safe People
- Decision-Making
- Boundary Setting and Enforcement
- Self-Care
- Coping Skills
- The Importance of Having Fun and Being a Kid!

DEVELOPING RESILIENCE

PITCH 4 KIDZ is an education and support program designed for children ages 6-12 who are growing up in families struggling with addiction. Participation in the program interrupts the multi-generational cycle of addiction and helps develop resilience for a healthier future by providing the following:

- Social Connection
- Social Competence
- Common Language
- Support
- Emotional Regulation Skills
- Independence/Interdependence
- Positive Self-Esteem
- Empowerment
- The Ability to Expect Well
- **HOPE!**



HOPE 4 FAMILIES

You are not alone.

PITCH 4 KIDZ is here to help; offering multiple programs to support KIDZ and their families:

- Week-end Workshops
- Monthly KIDZ Clubhouse
- Concurrent Family Programs
- Follow-up Care
- Resources
- In-Service Trainings
- Professional Trainings
- Scholarships for KIDZ



For more information visit www.pitch4kidz.org